

# Handcuffing

a short guide

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## The lawful use of handcuffs



**Handcuffs** are a piece of equipment designed as a temporary restraining device and provided it is used as such by properly trained staff any individual is permitted to possess and carry them. Handcuffs when used in the appropriate circumstances can help keep a violent & aggressive person safe they also protect the person doing the detaining. It reduces the need for manual physical restraint where the possibility for injury to both parties is greatly increased.

### Handcuffing Facts

Handcuffs come in two types chain linked and rigid set

Handcuffs are NOT an offensive weapon

Handcuffs if used appropriately can significantly reduce the possibility of death through positional asphyxia

Handcuffs can be used in conjunction with other restraint devices



If you would like to learn more about handcuffing and how to help apply them safely and effectively book a course with us

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