

# Anaphylaxis

a short guide

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## What is Anaphylaxis?

Anaphylaxis is a major over reaction of the body's immune system in response to exposure to something the body thinks is going to cause it harm. In almost all cases this substance will be completely harmless. It can affect more than one body system including the heart the circulation skin gut & airway. Anaphylaxis is a very serious medical condition and in every case will require a 999 call and immediate emergency medical response certain people can be more susceptible to anaphylaxis for example if a family member has anaphylaxis there could be a greater chance of you getting it

“ We have a young girl in our school I now feel a lot more confident because of the training. ”



## Anaphylaxis facts

The most common anaphylactic reactions are to bites and stings food and medication

There are several different types of anaphylactic reaction

Children & babies are more likely to develop allergies



QUALSAFE AWARDS

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**If you would like to learn more about anaphylaxis and how to help someone book a course with us**

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